



WEEKEND INTENSIVE CLINICAL PROGRAM FOR MILITARY VETERANS, SERVICE MEMBERS WITH PTSD

1 IN 3 SERVICE MEMBERS LIVE WITH PTSD

Do you want to come to Home Base for clinical care but are limited by distance or your work schedule? Home Base's weekend intensive clinical program is a specialized intensive clinical program for Veterans and Service Members both locally and from across the country – condensing several months' worth of therapy into a four day period. Transportation, food and lodging will be provided, offering Veterans and Service Members' accessibility to Home Base's world-class clinical care, with minimal disruption to their schedules.

Participants will receive a total of 30 hours of individualized evidence-based therapy. Upon completion of the program, case management services will be provided to ensure a smooth transition in their home communities.

Home Base's Accelerated Program Provides Participants With:

- Comprehensive Evaluation
- More than 30 hours of therapy
 - Individual Therapy
 - Group Therapy
- Physical Fitness
- Peer Veteran Support
- Convenient Weekend Schedule

CONNECT TO CARE
617-724-5202



A RED SOX FOUNDATION AND
MASSACHUSETTS GENERAL HOSPITAL PROGRAM



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Who is eligible for Home Base's Weekend Intensive Program?

Adult Veterans or Service Members with a primary diagnosis of PTSD are eligible for this program, regardless of military discharge status. Prior to admission, the Veteran or Service Member will be screened by one of Home Base's clinical staff within three days of their initial contact. Eligibility will be determined based on clinical evaluation of your treatment needs.

How is the program structured?

The length of the program is four days and will run on the following dates in 2019.

- April 24th – 28th
- May 29th – June 2nd
- June 12th – 16th
- July 17th – 21st
- August 14th – 18th
- September 25th – 29th

What should I expect during my time at Home Base?

Home Base clinicians utilize evidence-based approaches in treatment and provide a tailored, individualized plan for each participant. During their time at Home Base, participants will attend a daily intensive treatment program culminating in more than **30 hours** of individual and group therapy. Evening activities will include group dinners, peer support and physical fitness.

Home Base is staffed by clinicians from Massachusetts General Hospital who are experienced in military culture and provide evidence-based treatment programs designed to meet the unique needs of active duty Military Service Members and Veterans.

How much does this program cost?

Treatment, food, lodging and transportation expenses are covered for a participating Veteran or Service Member. Insurance, if you have it, will be billed but remaining balances after insurance payments for services provided will be covered by Home Base.

What is the referral process? How do I sign up?

Home Base accepts referrals from a wide variety of sources including Wounded Warrior Project® (WWP), VA clinicians, and community mental health professionals.

Veterans and Service Members are also welcome to self-refer but must be screened by one of Home Base's clinicians to determine if this program is a good fit for their current treatment needs.

To schedule a Home Base clinical assessment, or to recommend an individual for this program, please call the Home Base clinic at 617-724-5202 or visit homebase.org/connect2care.

¹ <https://www.publichealth.va.gov/epidemiology/studies/new-generation/ptsd>